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## homework **weekend 23**

1. Read verse 2:183 and answer what the main purpose of fasting is.  

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2. Which of the following choices gives the correct meaning of sawm?
  - A. Taraweeh.
  - B. Fasting.
  - C. Abstaining.
  - D. Eating and drinking at sunset.
3. In which year was fasting first prescribed for the Muslims?
  - A. In 2 A.H.
  - B. In 4 A.H.
  - C. In 10 A.H.
  - D. In 22 A.H.
4. According to the lesson, which of the following are the physical benefits of fasting?
  - A. Body removes toxins.
  - B. Body turns reserve fat into energy.
  - C. Immune system becomes more functional.
  - D. All of the above.
5. According to the lesson, all life forms have two basic instincts. The practice of sawm helps us control these two instincts. What are the two instincts?
  - A. Playing and eating.
  - B. Eating and reproducing.
  - C. Fighting and persevering
  - D. Sleeping and worshipping.
6. How many communities in the past were prescribed the practice of fasting?
  - A. Only the Christians and Jews.
  - B. Only the Hindus and Buddhists.
  - C. All communities in the past.
  - D. Only the followers of Ibrāhīm (A).
7. The month of Ramadan is important for two reasons. What are the two reasons?
  - A. Birth of the Prophet and revelation of the Qur'ān.
  - B. Revelation of the Qur'ān and the required fasting.
  - C. Celebration of Eid and fasting was prescribed in the month.
  - D. Revelation of the Qur'ān and compilation of Hadīth.